



Directorate General of Health Services Punjab
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TO BE SUBSTITUTED WITH EVEN NO. AND DATE

NO. 1492 /CDC

Dated Lahore the 7th August, 2016

All Executive District Officers (Health)
In Punjab

SUBJECT: **SOPs FOR COMMUNICABLE DISEASE CONTROL & RESPONSE**

1. EDOs Health will regularly visit disease calendar on DSS dashboard
2. EDOs Health will make all necessary arrangements according to disease alerts of the month.
3. Conduct health awareness sessions/seminars according to diseases of the month
4. Ensure functioning of District Surveillance Cell already established in their offices
5. Monitor disease trends on dashboard, monitor clustering of cases to pick the outbreaks early rather waiting for information from hospitals.
6. When an outbreak is reported, Medical Superintendent of health facility will immediately report to EDO Health concerned and should ensure data entry on dashboard.
7. District Surveillance Coordinator will coordinate with all private hospitals and will ensure data entry and compliance of SOPs. In case of zoonotic diseases with livestock department under intimation to this office.
8. EDO Health will confirm the outbreak and will share with DCO, DGHS and DHS (CDC) immediately. In case of zoonotic diseases like Bird Flu, Congo, anthrax, Livestock department will be contacted immediately (District Officer Livestock)
9. Outbreak will be reported on dghspb@yahoo.com, cdcpunjab@gmail.com, telephone no.042-99202970, 99200970, Fax No.042-99200679 SMS or WhatsApp.
10. District Rapid Response Team (notified vide 3548/PA/HQ dated 27th May 2015) will be activated immediately for epidemiological investigation to identify the cause of the outbreak and the source of transmission and will submit preliminary report within 24 hours. Composition of Rapid Response Team is as follows:
 - I. District Surveillance Coordinator Team Lead
 - II. District Entomologist Member
 - III. District CDCO Member
 - IV. District Sanitary Inspector Member
 - V. District Superintendent Vaccination Member
 - VI. Deputy District Officer Health Concerned Member

11. District Health department will ensure to:
 - a. Provide essential medicines/logistics required to respond the outbreak
 - b. If outbreak is related to food borne then sealing of the premises
 - c. Launching of FIR in consultation with District Administration.
 - d. Isolate suspected foods and label as “not for consumption”
 - e. Taking samples of food and send them for lab. investigation
 - f. Mosque announcements for not consuming that food. It may be done through local health workers as well.
 - g. Follow established policies for cleaning, sanitizing, disinfecting the premises before de-sealing.
 - h. In case of zoonotic diseases, under one health, livestock and health department will work together.
12. Media communication plan will be prepared which will cover:
 - a. Infectious diseases
 - b. Foodborne illness symptoms
 - c. How foodborne illness is spread
 - d. Handwashing for prevention
 - e. Caring for an ill family member
 - f. Steamers may be placed in city if outbreak is massive in nature
13. Health facility will:
 - a. Take detailed history of animal contact/contact with positive patient of all suspects admitted for viral haemorrhagic fever (Dengue) and send sample for CCHF identification.
 - b. Hospital administration will ensure isolation of patients when required and barrier nursing practices.
 - c. Emergency treatment to the patients, i.e maintaining IV line, fluid replacement, injectable antibiotics and stomach wash.
 - d. Maintain isolation of patients if required
 - e. Hospital Physician will take stomach lavage for lab. Investigation if foodborne outbreak. In case of infectious disease, trained staff nurse of Infectious control unit will take the sample and send with the request for urgent reporting.
 - f. Hospital will refer the patient to tertiary level health facility depending upon the condition of patient and on advice of attending physician.

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**DIRECTOR GENERAL HEALTH SERVICES,
PUNJAB**

CC:-

1. Secretary, Primary & Secondary Healthcare department, Lahore
2. Secretary, Specialized Healthcare & Medical Education, Lahore
3. Secretary, Livestock & Dairy Development, Lahore
4. All Commissioners in Punjab
5. All District Coordination Officers in Punjab
6. All Medical Superintendents, DHQ/Teaching Hospitals in Punjab
7. DHS (CDC) of this directorate.
8. WHO, Sub office ,Lahore